

Let's make Wellington North the healthiest place to raise a child!



WANT TO HAVE THE TIME OF YOUR LIFE?

Look no further. There is so much to do right here at your doorstep in Wellington North!



Spend the day with Nature



Take the family and spend the afternoon exploring the amazing birding trails in Wellington North at the Luther Marsh Wildlife Management Area.



There are several entrance points depending on where and what you want to see. Be sure to check out the website before heading out.



Bring your camera, binoculars, a picnic lunch, and a sense of adventure!



DID YOU KNOW?

There are walking trails in our backyard!

Take an evening stroll or bike ride to unwind with the family after a long day on one of our local trails:

Saugeen Trail - Mount Forest
River Trail - Arthur
East Luther Trail - Arthur



*Check out the self-guided Historic Walking Tour in Arthur to learn a little bit more about Canada's most patriotic town!

Use these trails to run, jump, and play. Or simply to discover nature's beauty. You'll be glad you did.

If traditional sports don't suit you check out local...

Pickleball

Roller Derby

Geo Caching

For more information and inspiration check out these resources:

Wellington North Guide 2017-2018

This directory lists events and community services

Local Family Health Teams

Mount Forest, Minto Mapleton, Upper Grand

Check out their websites for healthy lifestyle and wellness programs offered in your community

TWN Recreation Guide 2017

Your guide to recreation in Wellington North

Local Newspapers

Check the upcoming events sections in:

The Mirror
Mount Forest Biz Bull
Wellington Advertiser
Mount Forest Confederate



Contact the Mount Forest FHT
519-323-0255 ext. 5085



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